

Understanding the TSGLI Loss of Activities of Daily Living Standards

TSGLI ADL Standards for Transferring

Please note the following examples are for illustrative purposes only and are not intended to be all inclusive.

Transferring

- To meet the ADL standard for Transferring, you must require the assistance of another person to:
 - Get out of bed into a chair/wheelchair, or to a standing position.
 - Get out of a chair/wheelchair into a bed or to a standing position.

Transferring Examples

- **Unable** to Transfer Independently
 - You require the assistance of a nurse to lift and move you from your hospital bed to a wheelchair.
 - You must hold onto another person and have them help lift you to a standing position from a chair.
- **Able** to Transfer Independently
 - You can propel yourself from a sitting position in a chair to a standing position with a walker without assistance.
 - You can use your arm strength to lift yourself from your wheelchair to a bed, or a chair without assistance.