

# Understanding the TSGLI Loss of Activities of Daily Living Standards

## TSGLI ADL Standards for Dressing

*Please note the following examples are for illustrative purposes only and are not intended to be all inclusive.*

### Dressing

- To meet the ADL standard for Dressing, you must require the assistance of another person to:
  - Obtain clothing from drawers/closets, and
  - Put your clothing on and take it off.
- The ability to tie shoes or buttons/belts alone does not meet the standard for dressing as slip-on shoes, Velcro, and elastic clothes are generally available.

### Dressing Examples

- **Unable** to Dress Independently
  - You have casts, wound dressings, braces, and are medically directed to limit certain movement. You cannot pull on pants or shirts without another person's assistance.
  - You are physically able to dress but due to TBI either cannot remember to get changed, or dress in weather inappropriate clothing, and another person must tell you to dress and put out clothes for you to wear.
- **Able** to Dress Independently
  - You are in a leg cast and use a walker to obtain clothes from your closet. You sit on a chair to put on stretchable elastic pants, oversized socks, and slip-on shoes to dress yourself.
  - You have arm injuries and use a snap-on/snap-off shirt or shirt with magnets instead of buttons, elastic waist pants, and slip-on shoes to dress yourself.